



UPPSALA
UNIVERSITET

U-CARE Venue:

10 year-anniversary

Theme: Informal caregiving

9-10 March 2020

Navet, SciLifeLab (entrance C11), BMC, Uppsala

Sign up at: <https://doodle.com/poll/fsy6u8kd6wzsfm2u>

9 March

- 12:00 Lunch together (mark your attendance and food preferences in the doodle)
- 13:00 Welcome address, Louise von Essen, Programme director, U-CARE
- 13:10 Presentation of the program and the U-CARE Advisors, Erik Olsson, Chair of U-CARE Venue, U-CARE
- 13:30 *Caregiving as a dyadic process*, Mariët Hagedoorn, PhD, University of Groningen, NL
- 14:00 *Does being willing to care matter? - Caregiving processes and outcomes*, Valerie Morrison, PhD, University of Bangor, UK
- 14:30 *Caring for carers*, Lennarth Johansson, PhD, Stockholm Gerontology Research Center
- 15:00 Coffee
- 15:30 Co-creating better health and care: A patient/family perspective on healthcare and research paradigms, Cristin Lind, parent and facilitator patient-professional coproduction
- 16:00-16:45 Discussions, reflections and final comments from the U-CARE advisors

10 March

- 9:00 *Now what? Out of the file drawer into practice*, Chelsea Coumoundouros, Danelle Pettman, Joanne Woodford, U-CARE
- 9:20 Discussion in 2-3 groups.
- 9:50 *Parents really matter* Louise von Essen, Mattias Öhman and Kajsa Norbäck, U-CARE
- 10:10 Discussion in 2-3 groups and coffee
- 10:50 *Partners involvement in cardiac rehabilitation*. Erik Olsson and Thea Liljeroos, U-CARE
- 11:10 Discussion in 2-3 groups
- 11:40 Summary of discussions and final comments from the U-CARE advisory board
- 12:00-13:00 Lunch together (mark your attendance and food preferences in the doodle)